Circular Memo


Ref: NDD IEC Brochure (copy enclosed).

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In terms of the ref. cited, National Deworming Day programme on 08-08-2019 and mop-up-day on 16-08-2019 and it is directed that during the Deworming Campaign, the children in the age group of 1-19 years in all the Anganwadi Centers, Government, Government Aided, Private & Private-Aided Schools and Colleges will be administered 'Albendazole' tablets.

Therefore, all the Principals of the Government / Aided / Private un-Aided / 2nd shift Polytechnics in Engineering Colleges are hereby instructed to participate in the above mentioned National Deworming Day (NDD) Programme at their respective institutions, as per the guidelines issued in the ref. cited.

The receipt of this memo shall be acknowledged.

(This has the approval of Commissioner of Technical Education)

Signature valid
Digitally signed by PV RAGHU
Date: 2019-08-06 13:10:05 IST
Reason: Approved
For Commissioner

To
All the Principals of the Government / Aided / Private un-Aided and 2nd shift Polytechnics in Engineering colleges in the state of Telangana

Copy to the Secretary, SBTET, Telangana, Hyderabad for information.
All children and adolescents aged 1-19 must be dewormed on 8 August 2019, National Deworming Day

#NationalDewormingDay #WormFreeIndia

For more information on National Deworming Day contact your ANM/ASHA/Anganwadi worker/Teacher
D.O.Lr.No.09/RSK/SHP/2015, Dt:27/06/2019

A. SANTHI KUMARI
Spl. Chief Secretary
Health Medical & Family Welfare

M. JAGADEESHWAR
Principal Secretary
Women & Child Development

Dr. B. JANARDHAN REDDY
Secretary
Education

Dear All,

Sub: National Deworming Day on 08.08.2019 and mop-up day on 16.08.2019 – Joint Directives – Regarding.

... Government of Telangana has planned to implement the 8th round of Mass school and Anganwadi based National Deworming Day (NDD) Programme on 08.08.2019 and mop-up day on 16.08.2019.

Soil Transmitted Helminthes (STH), also called parasitic worms is a significant public health concern for India. Evidence shows detrimental impact of STH infestation on physical growth, anemia, under nutrition and cognitive development as well as poor attendance at school. Considering the prevalence of STH infections in Telangana is high at 60%, it is crucial for the NDD Programme to reach all children aged 1-19 years consistently over each NDD round. The previous round of NDD conducted on 19.02.2019 showed increased coverage to 95,68,761 children (97.62%).

To implement the 8th round of NDD, we seek your combined support for comprehensive outreach to all children in the State, through active participation of the Departments of Health, School Education and Women Development & Child welfare in the upcoming NDD round at all Jr. Colleges, Schools and Anganwadis on 08.08.2019 in all 33 districts followed by mop-up-day on 16.08.2019 concerted efforts from the three departments at the State, District, Division and Habitation level are requested to ensure effective implementation and increased coverage of the programme.

The specific steps to strengthen the coordination amongst the three Stakeholder Departments for the NDD Programme are given in the Annexure – I enclosed.

Looking forward to your support in this regard.

Yours sincerely,

(A. SANTHI KUMARI)

(M. JAGADEESHWAR)

(Dr. B. JANARDHAN REDDY)

To
Commissioners/Directors
All the District Collectors in the state
All the District Medical & Health Officers in the state
All the District Education Officers in the state
All the Project Directors, Women & Child Development in the state
All the District Panchayat Officers
All the CEO Zilla Parishads in the State
All the MPDOs in the state
All the Mandal Education Officers in the state
All the CDPOs in the state
All the Gram Panchayats in the state
All the Private School Associations in the state
All the IMA Associations in the state
Copy to
The Commissioner, Health & Family Welfare, Telangana
The Commissioner & Director of School Education, Telangana
The Director, Women Development & Child Welfare, Telangana
The Commissioner, Panchayath Raj & Rural Development, Telangana.
Annexure – I

Specific steps to strengthen the coordination among the three stakeholder departments for the implementation of NDD August, 2019

1) All the key stakeholder departments must coordinate with the Department of Health in the effective rolling out of junior college, technical colleges school and anganwadi based NDD scheduled on August 8th, 2019 followed by mop-up day on August 16th, 2019.

2) Department of School and Higher Education, Technical Education, Women Development & Child Welfare to provide the Department of Health with the numbers of children (1-19 years) as per census population so that strategies may be formulated to cover all eligible children to receive deworming benefits.

3) State and District Level Coordination Committees (DCCM) to be chaired by the Principal Secretary and District Collector respectively to ensure all program components are planned and implemented as per NDD guidelines and timelines. DCCM’s must be planned from 3rd week of June to 1st week of July, 2019.

4) Department of Health to ensure timely procurement, transportation and distribution of albendazole tablets and IEC material to all junior colleges, schools and anganwadi centres should be executed from 1st week to 4th week of July, 2019.

5) All Junior colleges, schools and anganwadi’s to receive NDD kit, including required number of albendazole chewable 400 mg tablets, IEC material (poster/ banner), handouts and reporting forms for conducting NDD and mop-up day efficiently by fourth week of July, 2019.

6) All district level trainings should facilitate on ground coordination and preparedness for program implementation including aligning and training arrangements as per the training cascade. The trainings must be scheduled from 1st week to 4th week of July, 2019.

7) All PHC level trainings should be organized by the health department, for effective roll out and for maximum reach of the children in junior colleges, schools and anganwadi’s. Participation of block level functionaries shall be ensured by the respective line departments. Training to be conducted from 3rd week to 4th week of July, 2019.

8) School and Higher Education Department to engage private schools and junior colleges through participation of their representatives in State Taskforce Meeting and District Level Coordination Committee meetings, and special meetings called by district, division and mandal education officers. Special sensitization sessions to be held with the parents in schools during PTMs and SMC meetings prior to NDD for ensuring support from parents

9) All ASHAs must prepare and share the list and mobilize out-of-school and unregistered Anganwadi children to the anganwadi centers for deworming on NDD and MUD.

10) All anganwadi teachers must administer albendazole tablets to children aged 1-5 years covering both anganwadi registered/unregistered and out-of-school children aged 6-19 years at AWC as per drug dosage protocols. At anganwadi, the drug administration should be carried out by anganwadi teachers only. No drug administration is to be done by ASHAs.

11) The teachers must administer albendazole tablets to children enrolled in colleges and schools. No drug administration is to be done by ANM’s.

12) Junior colleges, technical colleges schools and anganwadi teachers should ensure that the children properly chew the tablet. For children aged 1 to 2 years half tablet to be crushed between two spoons and administered with water.

13) Reporting formats should be filled by the Jr. Colleges, Technical colleges Schools, Anganwadi teachers as per the reporting cascade in the NDD guidelines. The completed forms should be given to ANM within the specified timelines. All the Jr. Colleges, Schools Anganwadi must retain a copy of reporting formats after submission of the same to the ANM.

14) On NDD and mop-up-day, all stakeholders along with Jr.college, technical colleges & school principals, teachers and Anganwadi teachers must be vigilant for any adverse events if any by ensuring that 104/108 emergency helpline services is accessed, the adverse event management protocols are handy and must elevate the same immediately through ANM to District Medical and Health Officer (DM&HO).

15) Department of Health to issue necessary instructions to all the teaching hospitals, district hospitals, area hospitals, CHCs and UPHCs/ PHCs to follow the adverse event management protocols in case of any adverse event.

16) Monitoring visits must be undertaken by state and district officials of all the stakeholder departments to supportive supervision on NDD and mop-up-day. All the officials must ensure to fill the online monitoring form during their visits.

17) All stakeholder departments to extend support to the technical support partner Evidence Action for successful roll out of NDD.
National Deworming Day

Instruction Leaflet for Private School Package

The National Deworming Day (NDD), launched in February 2015, is the Government of India, Ministry of Health and Family Welfare’s flagship preschool (anganwadi) and school-based mass deworming program.

National Deworming Day aims to deworm all children between the ages of 1-19 years with albendazole tablets through all government, government-aided and private schools, junior colleges and anganwadi centres in order to improve their overall well-being, nutritional status, access to education, and quality of life.

This awareness and training kit has been developed for private schools and institutions to help them create awareness about the National Deworming Day. The package has a varied range of content/message that the schools can pick and choose as per their discretion. The kit is first and foremost for children, and for parents/guardians, then teachers, staff, donors, board members and the community in general. Teachers can easily use this material in morning assemblies, parent-teacher meetings, in classrooms, and via email, WhatsApp, or other digital mediums, to inform the said target group about the benefits of deworming and the importance of conducting National Deworming Day at their school.

The private school package is being handed over as soft files which has the following –

I. Posters – These are A4 size color posters that can be printed from any office-use printer. Print-outs of these posters can be placed in areas of high foot-fall around the school campus, such as on announcement boards, corridors, and assembly area. These can also be directly handed over to the children as circulars for them to share with their parents and guardians.

II. Films for Teachers and Parents – This section consisted of four films.

- **National Deworming Day Training Film (10 Min)** – This is the official National Deworming Day training video. This will help schools train teachers in order to be able to administer Albendazole tablet and implement the program in the school. This film can be shared with parents for them to understand the program.

- **National Deworming Day Introduction Film (4 Min)** – This film presents a brief introduction to the program. This film can be shown to all stakeholders including children.
National Deworming Day

✓ National Deworming Day Overview Film (5 Min) – NDD has multiple stakeholders and as the program grows every year reaching more and more and children this film brings forth how the different stakeholders have come to engage with the program and what they have felt being a part of this national-level program.

✓ National Deworming Day Short Film (1 Min) – This film captures children’s reaction to being dewormed and can be easily posted on social media platforms and circulated through WhatsApps to parents, teachers and staff.

III. Reading Material – These are simple text based documents that help provide a holistic understanding of the program and print-outs of these documents can be handed over to all stakeholders.

IV. SMS Content – Schools can use this content to send out text messages to parents and guardians informing them about the date of the National Deworming Day.

V. Diary Note – The content of this document can be used as a diary note to inform parents and guardians about the National Deworming Day and urging them to support the program.

VI. WhatsApp – These are pre-made pictorial WhatsApp that can be shared on WhatsApp groups with parents, guardians and other stakeholders.

VII. Social Media Posts – These are simple pictorial infographics that can be shared on social media platforms such as Twitter and Facebook.
DIARY NOTE

National Deworming Day – 8 August 2019

Parasitic intestinal worm infections are a significant public health concern for India. According to WHO, around 220 million (22 crore) children aged 1-14 are estimated to be at risk of worm infections. Worms have a detrimental effect on children’s physical growth, anemia, undernutrition, cognitive development, and school attendance.

The Departments of Medical, Health & Family Welfare, Education and ICDS of Government of Telangana state have been organizing the *anganwadi* and school-based mass deworming program called the National Deworming Day (NDD) since 2016. Under National Deworming Day, all children aged 1-19 years are administered the deworming tablet, Albendazole at junior colleges, schools, *anganwadis* and other institutions on a fixed day across the country.

Children will be administered Albendazole tablet for deworming, which is the safe and beneficial drug as per WHO and the Government of India. Children who have high worm load may experience nausea, headache, diarrhea, or vomiting after consuming the tablet which will subside in 2-3 hours post administration. All emergency medical facilities are in place, if they are needed. No child will be administered the tablet forcefully. Children who are sick or under some medication will not be dewormed. Those children who were left out due to absenteeism or any other reason will be dewormed on mop-up day to be held on 16 August 2019.

A note has been enclosed to provide more details about National Deworming Day.

Let us join hands to help our children lead a healthier and worm free life.

You may speak with the class teacher/ headmaster if you have any query about National Deworming Day.

You can visit [www.NHM.gov.in](http://www.NHM.gov.in) for more information.

**SMS Content**

**English Message**

National Deworming Day 8 August 2019: All children must be dewormed. Deworming tablet is safe. Please send your child to school on 8 August #WormFreeIndia
Frequently Asked Questions on National Deworming Day for Parents with Children in Private Schools

National Deworming Day (NDD) is a country-wide school and anganwadi-based deworming program led by the Government of India’s Ministry of Health and Family Welfare. The Department of School Education and Literacy under the Ministry of Human Resource Development and the Ministry of Women and Child Development collaborate to implement the National Deworming Day.

The program was started in all government and government-aided schools and anganwadis in 2015. Looking at the success of the program, the Government of India has now scaled NDD to private schools across the country so that all children can benefit from deworming.

29% of children in India are enrolled in private schools, with more than 50% children attending private schools in some states. These children also belong to a range of socio-economic backgrounds. With such a significant proportion of children attending private schools, it is imperative that the deworming program is conducted in private schools.

NDD is committed to reaching out to private school children to ensure they too have access to deworming drug and receive benefits for improved health and education outcomes.

National Deworming Day is held on February 10 at all schools and anganwadis, with some states conducting a second round on August 10, based on STH prevalence mapping.

Any child who is not dewormed on National Deworming Day due to sickness or absenteeism will be administered the tablet on mop-up day.

Why do children need to be dewormed?

According to World Health Organization, parasitic worms, also known as Soil Transmitted Helminths (STH) are a significant public health threat in India with 220 million children between the ages of 1 and 14 predicted to be at risk. Worm infections interfere with nutrient uptake, can lead to anemia, malnourishment, and impaired mental and physical development. They pose a serious threat to children’s health, education, and long term livelihood potential. Infected children are often too sick and tired to concentrate at school, or attend at all.

**Direct benefits of deworming:**
- Controls anemia
- Improves nutritional uptake

**Indirect benefits of deworming:**
- Helps improve concentration, capacity to learn, and attendance at school/anganwadi
- Helps improve work potential and livelihood opportunities later in life
- Benefits the community by reducing worms in the environment

How Do Worms Spread?

1. In an infected child, eggs and larvae develop into adult worms, which produce eggs and have an ill effect on the child’s health

2. Other children are infected by eggs ingested through food or dirty hands, or by larvae penetrating the skin

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1 Ninth Annual Status of Education Report (ASER)
2 WHO Number of Children (Pre-SAC and SAC) requiring Preventive Chemotherapy for STH, 2014 (http://apps.who.int/neglected_diseases/nttdata/ntth.html)
3 Mop-up day is conducted on February 15 and August 17
How are children treated for worms (dewormed)?

Albendazole 400mg chewable tablet is a safe and cost-effective treatment used worldwide for decades. WHO and the Government of India recommend this tablet to be administered to children aged 1-19 years at all anganwadis and schools on NDD.

Why should my child be dewormed even if s/he does not appear sick?

Children can carry worms for a long time and not have any visible symptoms, but it can have long-term impact on children’s health, education, and overall wellbeing. If only some children are dewormed, the benefits of deworming will be limited to those who get the treatment. This means there will be children who continue to harbor the STH eggs and infection within the community will continue. Thus, it is essential to deworm all children aged 1-19 years.

How Can I be sure the deworming tablet (Albendazole 400 mg) is safe?

- Albendazole is on the list of WHO and Ministry of Health and Family Welfare, Government of India essential medicines and is effective against a wide range of worms.
- The drug has been through extensive safety testing and used by millions of people worldwide for treating STH.
- Global experience of administering Albendazole confirms that the tablet itself causes only rare, mild, and transient side effects, which are generally related to degeneration of the worms that have been killed.
- The teachers and anganwadi workers, who administer the tablet to your child, are well trained. They follow global safety protocol while administering the tablet.

OTHER PRACTICES TO REDUCE WORM INFECTION, OTHER THAN DEWORMING

![Images of hygiene practices]

Dial 108
Health systems will be on alert for any assistance on National Deworming Day and mop-up day

Did you know?

Studies show that absenteeism in schools decreases by 25% due to deworming. Make sure your child is dewormed on National Deworming Day for a worm-free and healthy future.

#KrimiMuktBharat
National Deworming Day
8 August 2019

All children who could not be dewormed on 8 August due to sickness or absenteeism, will be dewormed on 16 August, mop-up day.
National Deworming Day
8 August 2019

All children will be dewormed using albendazole chewable tablet

What is albendazole?
Albendazole is a safe and beneficial chewable tablet that is used to treat intestinal worms that can cause anemia, weight loss, loss of appetite and nausea. Albendazole is safe for both children and adults.

All children who could not be dewormed on 8 August due to sickness or absenteeism will be dewormed on 16 August, mop-up day.
National Deworming Day
8 August 2019

Why should children be dewormed?

- Controls anemia and improves nutritional uptake

- Helps improve capacity to learn, concentration and attendance

- Helps improve work potential and livelihood opportunity

All children who could not be dewormed on 8 August due to sickness or absenteeism will be dewormed on 16 August, mop-up day
What are intestinal worms?

Intestinal worms are parasites that thrive on nutrition from human intestines, which results in anemia, poor nutritional intake, and impaired growth.

The three most common types of worms are:
- Round worm
- Whip worm
- Hook worm

All children will be dewormed on 8 August, 2019

16 August, 2019, mop-up day
National Deworming Day
8 August 2019

How do worms spread?

Let’s Learn

1. An infected child contaminates soil with feces containing worm eggs. These eggs develop into larvae in the soil.

2. Other children are infected by eggs ingested through food or dirty hands, or by larvae penetrating the skin.

3. In an infected child, eggs and larvae develop into adult worms, which produce eggs and have an ill effect on the child’s health.

All children who could not be dewormed on 8 August due to sickness or absenteeism will be dewormed on 16 August, mop-up day.
Ways of Protecting Your Child from Worm Infestation

- Keep your surroundings clean
- Wear shoes
- Don’t defecate in the open. Always use a toilet
- Wash your hands with soap, especially before eating and after using the toilet

Ensure that your child is dewormed on
8 August 2019
National Deworming Day

- Wash fruits and vegetables with clean water
- Always drink clean water and keep food covered
- Keep your nails short and clean

Children who could not dewormed on National Deworming Day 8 August 2019 should be dewormed on 16 August mop-up day.
Benefits of Deworming

- Controls anemia
- Improves nutritional uptake
- Improves concentration and capacity to learn
- Helps improve work potential and livelihood opportunity
- Benefits the community by reducing worms in the environment
National Deworming Day
8 August 2019

All children aged 1–19 will be dewormed using the safe and beneficial albendazole tablet
National Deworming Day
8 August 2019

Worm infestation can cause:
- Anemia
- Nutritional impairment
- Loss of appetite
- Weight loss
- Stomach ache, nausea, vomiting, diarrhea

All children aged 1-19 must be dewormed this National Deworming Day.
National Deworming Day
8 August 2019

How do worms spread?

1. An infected child contaminates soil with feces containing worm eggs. These eggs develop into larvae in the soil.

2. Other children are infected by eggs ingested through food or dirty hands, or by larvae penetrating the skin.

3. In an infected child, eggs and larvae develop into adult worms, which produce eggs and have an ill effect on the child’s health.

All Children aged 1 – 19 will be dewormed at all schools and anganwadis on National Deworming Day.
Ensure that your child is dewormed on 8 August 2019 National Deworming Day
Was Your Child Not Dewormed on National Deworming Day?

Ensure that your child is dewormed on
16 August 2019 mop-up day
8 August 2019
National Deworming Day

16 August 2019
mop-up day

All Children aged 1 – 19 will be dewormed at all anganwadi’s schools and Jr. Colleges on National Deworming Day. Children who could not be dewormed on National Deworming Day due to sickness or absenteeism should be dewormed on mop-up day.
Did you know?

Intestinal worms are parasites that thrive on nutrition from human intestines, which results in anemia, poor nutritional intake, and impaired growth.

8 August 2019
National Deworming Day

16 August 2019
mop-up day
National Deworming Day
8 August 2019

What if a child could not be dewormed on National Deworming Day?

Children who could not be dewormed on National Deworming Day due to sickness or absenteeism should be dewormed on 16 August, mop-up day.
Did you know that children suffer from several harmful health issues because of worm infection, such as:

- Anemia & loss of appetite
- Weakness and anxiety
- Stomach ache, nausea, vomiting, diarrhoea
- Nutritional impairment
- Weight loss

National Deworming Day
8 August 2019
8 August 2019
National Deworming Day

16 August 2019
mop-up day

Other practices to reduce worm infections, in addition to deworming:

- Keep food covered
- Wash fruits and vegetables with clean water
- Keep your surroundings clean
- Drink clean water
- Do not defecate in the open
- Wash your hands with soap, especially before eating and after using the toilet
- Wear shoes
- Keep nails clean and short
Benefits of deworming children

1. Controls anaemia
2. Improves nutritional uptake
3. Helps improve concentration, capacity to learn, and attendance at school/Anganwadi
4. Helps improve work potential and livelihood opportunity
5. Benefits the community by reducing worms in the environment

National Deworming Day
8 August 2019
NATIONAL DEWORMING DAY – 8 August 2019

Don’t miss the opportunity to provide your child a worm-free life

mop-up day - 16 August 2019

Children who could not be dewormed on National Deworming Day due to sickness or absenteeism should be dewormed on mop-up day.
In addition to deworming tablet, there are other practices that help to reduce worm infections.

- Wear shoes
- Keep your surroundings clean
- Do not defecate in the open. Always use a Toilet
- Wash your hands with soap, especially before eating and after using the toilet
- Wash fruits and vegetables with clean water
- Keep food covered
- Drink clean water
- Keep nails clean & short
Deworming helps children stay healthy. To control worm transmission, it is essential to deworm all children at Jr. Colleges, schools and anganwadi’s on

8 August 2019

National Deworming Day

#KrimiMuktBharat
Research shows deworming helps in **physical and cognitive** development of children.

Ensure all children are dewormed on **National Deworming Day**

8 August 2019

#KrimiMuktBharat
NATIONAL DEWORMING DAY
8 August 2019

It is our responsibility to get every child in our school dewormed and make the future of our children healthier and happier.
Children who could not be dewormed on 8 August 2019 should be dewormed on mop-up day, 16 August 2019.

Don't miss this opportunity.
#KrimiMuktBharat
Albendazole is safe and beneficial for all. It has been used globally by millions of people to treat worm infections.

8 August 2019 #KrimiMuktBharat
NATIONAL DEWORMING DAY
8 August 2019

All Jr. College, school & anganwadi going children will be provided the deworming tablet at their Jr. Colleges, schools & anganwadi centres free-of-cost.

#KrimiMuktBharat